Allergen Matrix

For cereals containing gluten, and nuts, the type of gluten and type of nut needs to be specified.

Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Olives														✓
Bread + Oil		Wheat												✓
Garlic Bread		Wheat												
Garlic Bread + Cheese		Wheat					✓							
Bruschetta (Bread - Gluten)		Wheat												
Soup (Bread = Gluten)		Wheat												
Chicken Wings (Sauce = Allergens)							✓		✓					
Cauliflower Wings (Sauce = Allergens)							✓		✓					
Meatballs	✓	Wheat		✓					✓					
Mac and Cheese		Wheat					✓							
Feta Coquettes		Wheat		✓			✓							
Hummus and Flatbread (Bread = Gluten)		Wheat										✓		✓
Crumpets		Wheat			✓		✓							
Patatas Bravas														✓

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Cheeseburger	✓	Wheat											✓	
Chicken Burger		Wheat											✓	
Falafel Burger		Wheat										✓	✓	
Fish and Chips		Wheat												
Roasted Salmon					✓				✓					✓
Chicken Supreme	✓						✓							
Rump Steak														
Kabob							✓							✓
Roasted Squash														
Red Pasta	✓	Wheat					✓							✓
White Pasta		Wheat					✓							
Poke (Dressing = Gluten)		Barley				✓						✓	✓	✓
Caesar (Croutons = Gluten)		Wheat			✓		✓							
Greek Salad							✓		✓					
Lemon Posset		Wheat					✓							
Mango Parfait		Wheat					✓							
Mousse				✓			✓			Hazelnuts			✓	

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Meat Feast		Wheat					✓							
American		Wheat					✓							
Tonno		Wheat			✓		✓							
Margherita		Wheat					✓							
Sausage and Potato	✓	Wheat					✓							
Funghi		Wheat					✓							
Florentina		Wheat		✓			✓							
Roast Vegetable		Wheat												
Fries														
Truffle Fries							✓							
Sweet Potato Wedges														
Garlic and Herb Potatoes														
Brownie		Wheat											✓	
Cheesecake of the Day		Wheat		✓			✓						✓	✓
Ice Cream				✓			✓						✓	
Vegan Wellington	✓												✓	
Silverside of Beef									✓					